

Run Through the Heart

Male 12 and under

| Bib# | Name | Time | Type | City |
|------|-----------------------|-----------|--------|---------|
| 1. | 1060 Flanary, Patrick | 25:23.027 | Runner | Zuni |
| 2. | 1035 Council, Seth | 34:09.087 | Runner | Windsor |
| 3. | 1087 Lee, Brandon | 40:10.970 | Runner | |
| 4. | 1039 Hagood, Dalton | 47:40.663 | Runner | Windsor |

Female 12 and under

| Bib# | Name | Time | Type | City |
|------|-----------------------|-----------|--------|---------|
| 1. | 1032 Council, Marissa | 34:56.157 | Runner | Windsor |

Male 13-19

| Bib# | Name | Time | Type | City |
|------|-----------------------|-----------|--------|------|
| 1. | 1078 Brunner, Jacob | 23:36.333 | Runner | |
| 2. | 1079 Brunner, Kaleb | 30:13.887 | Runner | |
| 3. | 1068 Longwood, Conner | 40:46.307 | Runner | |
| 4. | 1083 Knight, Ryan | 40:56.087 | Runner | |

Female 13-19

| Bib# | Name | Time | Type | City |
|------|-------------------------|-----------|--------|---------|
| 1. | 1031 Stephenson, Bailey | 34:56.240 | Runner | Windsor |
| 2. | 1082 Goodman, Emmi | 37:22.513 | Runner | |
| 3. | 1023 Irwin, Kristin | 40:41.667 | Runner | Windsor |

Male 20-29

| Bib# | Name | Time | Type | City |
|------|--------------------|-----------|--------|---------|
| 1. | 1046 Taylor, Jesse | 51:37.697 | Runner | Windsor |

Female 20-29

| Bib# | Name | Time | Type | City |
|------|--------------------------|-------------|--------|------------|
| 1. | 1084 Hargather, Ashley | 37:18.003 | Runner | |
| 2. | 1021 Collier, Wendi | 40:25.753 | Runner | Portsmouth |
| 3. | 1003 Neave, Emma | 46:19.443 | Runner | Ivor |
| 4. | 1015 Quesinberry, Ashley | 58:25.917 | Runner | Zuni |
| 5. | 1041 Smith, Ashley | 1:01:44.313 | Runner | Windsor |

Male 30-39

| Bib# | Name | Time | Type | City |
|------|----------------------|-----------|--------|------------|
| 1. | 1086 Horn, Mike | 21:12.823 | Runner | |
| 2. | 1013 Weaver, Lucas | 21:22.613 | Runner | Windsor |
| 3. | 1036 Radtke, Timothy | 26:55.317 | Runner | Ivor |
| 4. | 1011 Leidy, Dwighr | 30:10.657 | Runner | Norfolk |
| 5. | 1010 Belaire, Jason | 32:54.507 | Runner | Chesapeake |
| 6. | 1073 Burdick, Jesse | 43:11.390 | Runner | |

Female 30-39

| Bib# | Name | Time | Type | City |
|------|------------------------|-------------|--------|----------|
| 1. | 1009 Montoya, Jenny | 27:22.977 | Runner | Windsor |
| 2. | 1067 Beechboard, Lisa | 28:44.783 | Runner | Suffolk |
| 3. | 1081 Sweeney, Lorra | 34:27.930 | Runner | |
| 4. | 1030 Stephenson, Kelly | 36:03.067 | Runner | Windsor |
| 5. | 1077 Lee, Sabrina | 37:03.447 | Runner | |
| 6. | 1072 Zmitrovich, Beth | 43:10.793 | Runner | |
| 7. | 1075 Council, Dee | 43:54.997 | Runner | |
| 8. | 1014 Weaver, Autumn | 47:23.427 | Runner | Windsor |
| 9. | 1080 Dunlow, Heather | 47:52.667 | Runner | |
| 10. | 1034 Riggs, Amy | 50:22.560 | Runner | Franklin |
| 11. | 1048 Adams, Becky | 50:23.060 | Runner | Suffolk |
| 12. | 1045 Taylor, Rachel | 50:56.647 | Runner | Windsor |
| 13. | 1042 Carter, Jennifer | 51:36.227 | Runner | Windsor |
| 14. | 1070 Baldwin, Juliet | 1:02:06.930 | Runner | |
| 15. | 1049 Cale, Marsha | 1:02:07.083 | Runner | Suffolk |
| 16. | 1038 Hagood, Anna | 1:03:08.927 | Runner | Windsor |

Male 40-49

| Bib# | Name | Time | Type | City |
|------|---------------------------|-----------|--------|--------------|
| 1. | 1085 Duncan, Lee | 19:23.127 | Runner | |
| 2. | 1016 Helmick, Todd | 19:37.790 | Runner | Yorktown |
| 3. | 1033 Riggs, Glenn | 27:11.313 | Runner | Franklin |
| 4. | 1012 Creekmore, David | 34:10.963 | Runner | Suffolk |
| 5. | 1022 Irwin, Jeff | 40:55.363 | Runner | Windsor |
| 6. | 1026 Richardson, Lewellyn | 42:06.753 | Runner | Chesterfield |

Female 40-49

| Bib# | Name | Time | Type | City |
|------|-------------------------|-----------|--------|---------|
| 1. | 1061 Howard, Lela | 27:44.817 | Runner | Suffolk |
| 2. | 1065 Kingsbury, Lisa | 31:34.200 | Runner | Zuni |
| 3. | 1004 Barnes, Monica | 38:39.287 | Runner | Suffolk |
| 4. | 1019 Phillips, Christy | 46:58.523 | Runner | Windsor |
| 5. | 1001 Neighbours, Joleen | 48:15.807 | Runner | Windsor |
| 6. | 1002 Holland, Margaret | 48:39.820 | Runner | Windsor |
| 7. | 1057 Kokot, Shannon | 51:48.520 | Runner | Zuni |

Male 50-59

| Bib# | Name | Time | Type | City |
|------|-----------------------|-----------|--------|----------------|
| 1. | 1027 Osmundson, Brian | 23:46.520 | Runner | Windsor |
| 2. | 1064 Kenny, James | 24:20.607 | Runner | Portsmouth |
| 3. | 1008 Devine, David | 30:47.587 | Runner | Virginia Beach |
| 4. | 1058 Carroll, Michael | 37:23.450 | Runner | Zuni |

Run Through the Heart

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|----|------|----------------|-----------|--------|---------|
| 5. | 1028 | Bradshaw, Brad | 37:30.890 | Runner | Windsor |
| 6. | 1006 | Ambrose, Tony | 42:04.077 | Runner | Windsor |
| 7. | 1043 | Noblin, Jeff | 50:57.033 | Runner | Windsor |
| 8. | 1020 | Harrison, Karl | 51:42.507 | Runner | Windsor |

Male 70-79

| | Bib# | Name | Time | Type | City |
|----|-------------|---------------------|-------------|-------------|-------------|
| 1. | 1024 | Polinski, Joseph V. | 30:06.120 | Runner | Smithfield |
| 2. | 1066 | Williams, Carter | 30:37.963 | Runner | Smithfield |
| 3. | 1056 | Henninger, Howard | 36:43.453 | Runner | Tyner |
| 4. | 1025 | Richardson, Bentley | 42:06.943 | Runner | Windsor |

Female 50-59

| | Bib# | Name | Time | Type | City |
|-----|-------------|-------------------|-------------|-------------|-------------|
| 1. | 1059 | Carroll, Karen | 25:57.977 | Runner | Zuni |
| 2. | 1063 | Reilly, Gay | 29:36.027 | Runner | Smithfield |
| 3. | 1074 | Vaneck, Donna | 31:38.910 | Runner | |
| 4. | 1017 | Vaughn, Sue | 32:49.627 | Runner | Suffolk |
| 5. | 1062 | Cooper, Cathy | 33:13.967 | Runner | Smithfield |
| 6. | 1071 | Spear, Kathy | 50:04.103 | Runner | |
| 7. | 1044 | Noblin, Kathy | 50:57.240 | Runner | Windsor |
| 8. | 1069 | O'reilly, Cynthia | 51:43.057 | Runner | |
| 9. | 1037 | Joyner, Joann | 54:16.643 | Runner | Windsor |
| 10. | 1029 | Bradshaw, Annette | 59:13.250 | Runner | Windsor |
| 11. | 1040 | Riggs, Mary | 1:03:12.187 | Runner | Windsor |

Female 60-69

| | Bib# | Name | Time | Type | City |
|----|-------------|-----------------|-------------|-------------|-------------|
| 1. | 1005 | Stephenson, Kay | 42:04.857 | Runner | Windsor |
| 2. | 1076 | Duck, Berdie | 43:51.343 | Runner | |
| 3. | 1018 | Woody, Pamela | 51:33.660 | Runner | Windsor |